



**ACCESS/PARKING:**

- Shadow Lake Road in the parking area for the baseball field. [GPS Address: 175 Shadow Lake Road]

**DIFFICULTY:** Moderate with some small stream crossings. 45 minutes.

**FEATURES:** The trail starts at the baseball field and follows an old road to the lake. Continuing south around the pond, the trail crosses an earthen dam. Beyond the dam, the trail follows old deer tracks through an evergreen forest around the lake and crosses a couple of small seasonal streams feeding the lake.

Returning to the north, the trail crosses a couple of small seasonal streams feeding the lake prior to crossing the inlet stream on a bridge before returning to the parking lot.

**FISHING:** Permitted under the regulations of the State of Connecticut Board of Fisheries and Game.

**HISTORY:** Shadow Lake was part of a larger parcel of land purchased by the Town in 1996. The 188-acre Friedman parcel was developed, and the Town kept the 57-acre parcel known as Shadow Lake for future development. In 2002, the Board of Selectmen voted to develop 5 acres of property on the lake for recreational purposes including a Little League field; the remainder of the property has become open space.

