

ACCESS/PARKING:

- Barlow Mountain Road, northeast of the Barlow Mountain School. [GPS Address: 140 Barlow Mountain Road]
- Other trail entrances on the west side of Scotland and Barlow Mountain School parking lots may be accessed when school is not in session.

DIFFICULTY: Easy. 1 hour.

FEATURES: Kiah's Brook Refuge and Titicus Preserve are a collection of land parcels dedicated to the protection of the Titicus River and its river habitat. A network of trails leads through the wetlands and forested uplands:

- The Yellow trail, which is the main trail, follows the banks of the Titicus River with views of a swamp and brook. The northeast section of this trail is sometimes wet or icy; if so, head directly south towards the schools.
- An inner Red trail stays closer to the playing fields and buildings while the Blue trails connect the inner and outer rings.



Kiah's Brook Refuge (north of Barlow Mountain School) is a mixed evergreen forest that includes a larch grove in the northeast section. Spring wildflowers, ferns, and mosses are plentiful.

CROSS-COUNTRY SKIING: The Red trail may be used for this activity.

HISTORY: The refuge gets its name from eighteenth-century inhabitant Hezikiah Scott, a weaver who operated a whiskey and cider distillery and a saw mill. The 12-acre refuge was given to the town by Evelyn Pierrepont Luquer in 1963-64. The remaining 42 acres dedicated to conservation and

recreation was purchased by the Town with a grant-in-aid from the Connecticut Land and Water Conservation Fund.

KIAH'S BROOK REFUGE/ TITICUS PRESERVE

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